



Hindu Kanya College, Kapurthala

BEST PRACTICES IN THE COLLEGE

1. Title of the Practice: Induction Programme for New Entrants/Students

The context that required the initiation of the Practice (100-120 words)

The Induction Programme at our college welcomes new entrants, easing their transition from schooling to higher education. Conducted at the semester's commencement, this initiative acclimatizes students to the college environment, ensuring a smooth adaptation. The programme orients students to the available courses, their outcomes, scope, and relevance. It also familiarizes them with college rules and regulations, promoting a conducive atmosphere. Through comprehensive briefings, students gain insight into the college's overall functioning, including academic expectations, support services, and extracurricular opportunities. By delivering qualitative knowledge and fostering a sense of community, we empower new learners to navigate their academic journey confidently, setting the stage for their success.

Objectives of the Practice (50-60 words)-

The Induction Programme welcomes new students, fostering a supportive environment through ice-breaking sessions. It orients them to various courses, scope, college services, clubs, and societies. Key takeaways include program and course outcomes, also accessible on the college website, ensuring a smooth transition and informed start.

The Practice (250-300 words)

The college kicked off its new session with an engaging Induction Programme, designed to acclimate fresh entrants to the institution's atmosphere, overall functioning, and diverse courses. This ice-breaking session fostered a cordial teacher-student relationship, enabling students to connect with faculty members from various departments, units, associations, and subject-based societies. Teachers enlighten students on the avenues and opportunities available after completing their chosen courses. A primary objective was to familiarize students with the workings of a higher institution, bridging the gap between schooling and college life. The programme briefed students on support services, facilities, and code of conduct outlined in the college prospectus. Students gained insight into their courses, met

subject teachers, and understood expectations. Emphasis was placed on maintaining discipline, regular attendance, and active participation in college activities for co-scholastic development and academic excellence. Class coordinators were introduced tasked with guiding students throughout the session in academic and co-curricular pursuits. This comprehensive induction created a compatible proximity between teachers and new entrants, setting the stage for a productive and supportive educational journey.

Obstacles faced if any and strategies adopted to overcome them (150-200 words)-

The college authorities and Class coordinators efficiently resolved all initial concerns, providing timely support to new students. This proactive approach ensured the induction programme's objectives were met, effectively integrating fresh entrants into the college community and familiarizing them with its unique environment and operations.

Impact of the Practice (100-120 words)-

The Induction Programme offered students a preview of the college's supportive learning environment, providing a platform to address queries with authorities. Assurances were made that spatial differences wouldn't hinder knowledge acquisition. Students transitioning from schools felt at ease. This practice fostered growth, unlocking potential and capabilities of both students and teachers. The programme also acclimatized both parties to emerging challenges, encouraging collaborative learning and excellence. By bridging school-to-college gaps, it paved the way for a harmonious and productive educational journey.

2. Title of the Practice: Empowering Women through Skill Enhancement

1. The context that required the initiation of the Practice (100-120 words):

The college initiated this practice to address the challenges women face in a patriarchal society, where traditional roles often limit access to education and economic independence. Many women struggle to gain financial autonomy due to a lack of vocational skills and social support. High immigration rates and a shortage of skilled labor further exacerbate these issues. To counter these challenges, the college adopted a multi-faceted approach that combines skill enhancement, vocational training, and real-world exposure, empowering women to become financially independent. This practice aligns with the college's mission of uplifting women by equipping them with the skills necessary for success in both entrepreneurial and professional sectors.

2. Objectives of the Practice (50-60 words):

The key objective is to empower female students by providing them with vocational training and practical skills, enabling them to become financially independent. By offering hands-on experience and entrepreneurial opportunities to hone various skills related to self-grooming, computer literacy, culinary and dress designing, the college aims to foster self-reliance and inspire women to contribute meaningfully to society.

3. The Practice (250-300 words):

The college implements a range of initiatives to equip its female students with marketable skills, entrepreneurial insights, and financial independence. "Meri Kahani, Meri Jubani," an annual event to commemorate International Women's Day, sets the tone for this empowerment journey by sharing real-life success stories that inspire students to overcome societal barriers. Workshops play a pivotal role in this initiative. The Department of Home Science enhances culinary skills through sessions with renowned chefs and bakers, while the Department of Fashion Designing helps students establish their own boutique ventures, providing avenues to earn while studying. Similarly, 'Entrepreneurial Development Programme' organized by the P'G. Department of Commerce and Management offers students a platform to set up stalls, interact with established entrepreneurs, and learn the basics of starting a business. Events like 'Diwali Mela' also encourage students to apply their skills in real-world scenarios. University approved Diploma courses run by the Department of Cosmetology and Nanny Care and Nutrition provide the experiential and practical exposure to the students to work as make-up artists, hair stylists and care givers in India and abroad. Workshops on makeup, nail art, and hairstyling arranged by the Department of Cosmetology from time to time ensure that the students are equipped with the latest industry trends. Moreover, the college has a tie up with Jagat Guru Nanak Punjab State Open University which offers numerous affiliated skill-based courses focusing on practical knowledge in areas like Office Automation, Accounting, Food Preservation, GST Applications and Creative Writing and Content Development. In addition to all these, in tune with the NEP-2020, the college also runs various short-term add on and certificate courses to boost vocational knowledge and practical training, ensuring its female students are job-ready and confident.

4. Obstacles faced if any and strategies adopted to overcome them (150-200 words):

The practice faced initial resistance from societal norms that discouraged women from pursuing skill-based education and entrepreneurial ventures. Many families were hesitant to support such initiatives due to traditional views of women's roles. To address this, the college organized awareness programs that involved parents and communities, showcasing the long-term benefits of financial independence and skill development. By highlighting the success of former students and presenting role models, the college gradually overcame these cultural barriers.

Another obstacle was the lack of confidence among students in applying their skills outside the classroom. The college countered this by creating real-world platforms like "Entrepreneurial Development Programme" and the 'Diwali Mela', allowing students to gain hands-on experience, build entrepreneurial acumen, and interact with industry professionals. These events provided the practical exposure necessary to boost their confidence and motivate them to take charge of their financial futures.

5. Impact of the Practice (100-120 words):

The practice has had a profound impact on students' financial independence and self-confidence. Through workshops, certificate courses, and entrepreneurial events, many students have started their own ventures or gained employment in fields like fashion, technology, cosmetology, and culinary arts. The practical experiences provided by the college have fostered a sense of self-reliance, enabling women to break free from traditional roles and contribute economically to their families and communities. The impact of this practice is evident in the increasing number of students pursuing entrepreneurial paths and securing employment in various skilled industries. The success of these initiatives has not only improved students' socio-economic status but also inspired a new generation of female entrepreneurs, making significant strides towards gender equality.

