

**DIPLOMA COURSE IN NANNY CARE & NUTRITION (Full Time) (Semester-I)
SESSION (2024- 2025)**

**DNC01001T: Pre-Natal and Post-Natal Care
(THEORY)**

Time: 3 Hrs.

Credit: 3-0-1

Max. Marks: 100

Theory: 75

Instructions for the Paper: There will be eight questions in all, two in each of the four Sections (A-D). Questions may be subdivided into parts (not exceeding four). Candidates must attempt five questions, selecting at least one question from each Section. The fifth question may be attempted from any Section.

MONTHWISE DIVISION	SYLLABUS UNITISATION
JULY &AUGUST	SECTION-A 1. Care of Mother: Pregnancy, Discomforts, physical & psychological care, preparation for delivery. 2. Growth & Development during Pre–Natal period, Factors affecting Pre–Natal Development
SEPTEMBER	SECTION-B 1. Reflexes of a newborn child. 2. Care of Infant: Breastfeeding, Bottle feeding, Weaning. SECTION-C 1. Clothing for the Infant.

**DIPLOMA COURSE IN NANNY CARE & NUTRITION ((Semester-I)
SESSION (2024- 2025)**

DNC01002L: Pre-Natal and Post-Natal Care

(PRACTICAL)

Time: 2 Hrs.

Max. Marks: 25

Note: Paper will be set on the spot by the examiner.

Distribution of marks for practical examination:

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|-------------------------------------|----------|
| 1. Written Practical | 10 Marks |
| 2. Practical File | 5 Marks |
| 3. Marks Oral Examination | 5 Marks |
| 4. Preparation of Activity Material | 5 Marks |

<u>MONTHWISE DIVISION</u>	<u>SYLLABUS UNITISATION</u>
JULY & AUGUST	COURSE CONTENT:- 1. Immunization schedule. Time-Table 2. Feeding Practices: a) Sterilization of Feeding bottles b) Preparation of formula milk
SEPTEMBER	3. Weaning Foods: Importance, Preparation of 5 weaning foods.
OCTOBER & NOVEMBER	4. Make a suitable Toy for an Infant.

**DIPLOMA COURSE IN NANNY CARE & NUTRITION (Semester-I)
SESSION (2024- 2025)**

DNC1003T: Wholesome Development of Child

(THEORY)

Time: 3 Hrs.

Credit: 3-0-1

Max. Marks: 100

Theory: 75

Practical: 25

Instructions for the Paper: There will be eight questions in all, two in each of the four Sections (A-D). Questions may be subdivided into parts (not exceeding four). Candidates must attempt five questions, selecting at least one question from each Section. The fifth question may be attempted from any Section.

<u>MONTHWISE DIVISION</u>	<u>SYLLABUS UNITISATION</u>
JULY & AUGUST	<p style="text-align: center;">SECTION-A</p> <ol style="list-style-type: none">1. Definition & Importance of Child Development, Stages of Child Development.2. Principles of Development.3. Factors affecting Development. <p style="text-align: center;">SECTION-B</p> <ol style="list-style-type: none">1. Physical Development: Definition, Principles of Physical Development, Physical Growth Cycles, Factors affecting Physical Growth Cycles.
SEPTEMBER	<p style="text-align: center;">SECTION-B</p> <ol style="list-style-type: none">2. Motor Development: Definition. Motor Skills (hand and leg skills), Factors Affecting Motor Skills, Importance of Motor Skills. <p style="text-align: center;">SECTION-C</p> <ol style="list-style-type: none">1. Emotional Development: Definition: Emotional Development during Infancy & Childhood, Temper Tantrums, Factors Affecting Emotional Development.2. Social Development: Definition, Social Development during Infancy & Childhood, Role of Family & School in socialization of child.

OCTOBER& NOVEMBER	<p>SECTION-D</p> <p>1. Language Development: Importance of Speech, Factors affecting Language Development.</p> <p>2. Play: Meaning & Importance of Play, Selection of suitable toys & Play Material for the child.</p>
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**DIPLOMA COURSE IN NANNY CARE & NUTRITION (Semester-I)
SESSION (2024- 2025)**

**DNC1004L: Wholesome Development of Child
(PRACTICAL)**

Time: 2 Hrs.

Max. Marks: 25

Note : Paper will be set on the spot by the examiner.

Distribution of marks for practical examination

1. Written Practical	10 Marks
2. Practical File	5 Marks
3. Marks Oral Examination	5 Marks
4. Preparation of Activity Material	5 Marks

<u>MONTHWISEDIVISION</u>	<u>SYLLABUSUNITISATION</u>
JULY & AUGUST	<p>COURSE CONTENT:-</p> <p>1. Conduct a Height/ Weight Survey on a sample of 25 School going children assessing their physical development.</p> <p>2. Conduct a Case Study on a School going Child assessing his Motor Development, Social Development, Emotional Development</p>
SEPTEMBER	<p>3. Prepare an Educational Toy suitable for a pre-school/ school going child. 4. Prepare a toy using house-hold material.</p>

OCTOBER& NOVEMBER	5. Exhibit appropriate safety measures for the child using posters or leaflets
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**DIPLOMA COURSE IN NANNY CARE & NUTRITION (Semester-I)
SESSION (2024- 2025)**

**DNC01005T: Early Childhood Care and Education
(THEORY)**

Time: 3 Hrs.

Credit: 3-0-1

Max. Marks:100

Theory: 75

Practical: 25

Instructions for the Paper: There will be eight questions in all, two in each of the four Sections (A-D). Questions may be subdivided into parts (not exceeding four). Candidates must attempt five questions, selecting at least one question from each Section. The fifth question may be attempted from any Section.

<u>MONTHWISEDIVISION</u>	<u>SYLLABUSUNITISATION</u>
JULY & AUGUST	<p align="center">SECTION-A</p> <p>1. Need, Importance and Objectives of Early Childhood Education. Early childhood stimulation at home and school. Quality of home environment.</p> <p align="center">SECTION-B</p> <p>1. Historical Prospective of early childhood education Contribution of Agencies to ECCE in India Early Childhood Education Programmes in India and Abroad</p>

SEPTEMBER	<p>SECTION-C</p> <p>1. Essentials of Setting up Early Childhood Education Centers- Building and physical facilities, staff, size of class, supervision and curriculum</p> <p>SECTION-D</p> <p>1. Types of Preschool Programmes- Kindergarten type, Montessori, Nursery, Open type, Pre basic, Balwadi, Anganwadi, Day care centers.</p>
OCTOBER& NOVEMBER	<p>SECTION-D</p> <p>2. Contribution of Agencies to ECCE in India- ICDS-UNICEF, NCERT</p>

**DIPLOMA COURSE IN NANNY CARE & NUTRITION (Semester-I)
SESSION (2024- 2025)
DNC01006L: Early Childhood Care and Education
(PRACTICAL)**

Time: 2 Hrs.

Max. Marks: 25

Note : Paper will be set on the spot by the examiner.

Distribution of marks for practical examination

1. Written Practical	10 Marks
2. Practical File	5 Marks
3. Marks Oral Examination	5 Marks
4. Preparation of Activity Material	5 Marks

<u>MONTHWISEDIVISION</u>	<u>SYLLABUSUNITISATION</u>
JULY & AUGUST	<p>COURSE CONTENT:-</p> <p>1. A visit to a “model” early childhood educational centre to observe curriculum implementation, indoor and outdoor activities and equipments. 2. Preparation of curriculum calendar (for one academic session) daily time table and detailed activity plan (for each day).</p>

SEPTEMBER	3. Developing an educational kit for enhancing conceptual aspects among pre-school children.
OCTOBER & NOVEMBER	4. Activities for enhancing language development in pre-school children.

**DIPLOMA COURSE IN NANNY CARE & NUTRITION (Semester-I)
SESSION (2024- 2025)
DNC01007T: Core Communication Skills
(THEORY)**

Time: 3 Hrs.

Credit: 3-0-1

Max. Marks: 100

Theory: 75

Practical: 25

Instructions for the Paper: There will be eight questions in all, two in each of the four Sections (A-D). Questions may be subdivided into parts (not exceeding four). Candidates must attempt five questions, selecting at least one question from each Section. The fifth question may be attempted from any Section.

<u>MONTHWISE DIVISION</u>	<u>SYLLABUS UNITISATION</u>
JULY & AUGUST	<p>SECTION-A</p> <p>1. Basic Language skills – Grammar & usage - ability to fill in the blanks.</p> <p>SECTION-B</p> <p>2. Correct errors, choose correct forms out of alternative choices, join clauses, rewrite sentences</p>

	as directed and replace indicated sections with single words of opposites/synonyms.
SEPTEMBER	<p style="text-align: center;">SECTION-C</p> <p>3. Reading Skills: Reading Tactics and strategies; Reading purposes–kinds of purposes and associated comprehension; Reading for direct meanings; Reading for understanding concepts, details, coherence, logical progression and meanings of phrases/ expressions. Activities: a) Active reading of passages on general topics b) Comprehension questions in multiple choice format c) Short comprehension questions based on content and development of ideas</p>
OCTOBER& NOVEMBER	<p style="text-align: center;">SECTION-D</p> <p>1. Writing Skills: Guidelines for effective writing; writing styles for application, resume, personal letter, official/ business letter, memo, notices etc.; outline and revision. Activities: a) Formatting personal and business letters. b) Organising the details in a sequential order c) Converting a biographical note into a sequenced resume or vice-versa d) Ordering and sub-dividing the contents while making notes. e) Writing notices for circulation/ boards</p>

**DIPLOMA COURSE IN NANNY CARE & NUTRITION (Semester–I)
SESSION (2024- 2025)**

**DNC01008L: Core Communication Skills
(PRACTICAL)**

Time: 2 Hrs.

Max. Marks: 25

Note : Paper will be set on the spot by the examiner.

Distribution of marks for practical examination

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|---------------------------|----------|
| 1. Written Practical | 10 Marks |
| 2. Practical File | 5 Marks |
| 3. Marks Oral Examination | 5 Marks |

<u>MONTHWISE DIVISION</u>	<u>SYLLABUS UNITISATION</u>
<p style="text-align: center;">JULY & AUGUST</p>	<p>COURSE CONTENT:-</p> <p>1. Preparation for group discussions, debates & conferences. 2. Preparing for presentation.</p>
<p style="text-align: center;">SEPTEMBER</p>	<p>3. Making Poster, advertisements 4. Preparing for interviews.</p>
<p style="text-align: center;">OCTOBER& NOVEMBER</p>	<p>5. Conducting interviews.</p>