Best Practices (2019-20)

The college believes in transforming its best practices into a valuable legacy to be preserved by teachers and the taught.

1. Induction Workshops for Students and Teachers: Earlier, Orientation of students and teachers was done informally through a Special Assembly or a lecture. From this session, it was done formally by arranging separate Induction Workshops for teachers and students. Freshers were apprised of the rules, regulations and general functioning of the college. They were briefed about various streams and subjects and their relevance. Since most of students come from rural areas and are unable to decide about their courses in terms of their interests. They were informed about different facilities, support services, value-added courses and ICT-enabled learning available in the college. Extension lectures were arranged to inspire them to become responsible citizens. As most girls hail from villages and are unable to adjust with the new milieu and are likely to fall in bad company. Dr. Sandeep Bhola, State and International Awardee, Incharge Navjivan Kendra Kapurthala was invited to speak on drug abuse. Sub-Inspector Gurucharan Singh counseled students about road safety rules. Preet Kohli, Director, Youth Services motivated them to participate in Youth Festivals, camps and other extra activities along with their studies for holistic grooming. Students were also made to visit the Library to apprise them about the optimum utilization of library resources.









Secondly, to train and armour teachers with the latest teaching pedagogies, innovative teaching methodologies, Induction-cum-Workshop was conducted in the beginning of the session. Master Trainer, Rahul Sharma from Jalandhar was invited to elucidate the subject. Teachers were trained to make learning a fun activity for students to bring backbenchers in their classes to the front and to transform Slow learners into Average and Average learners into Advanced learners. The Workshop motivated the teachers to stay organized and plan their teaching methods as per the different subjects and situations.





2. **Organizing 'Wellness Day'**: To instill cooperation, humility and a positive attitude among students and to strengthen their mental health, 'Wellness Day' is organized every Friday. In this lecture of 40 minutes, meditation and exercise sessions are arranged to relieve stress and mental anxiety caused due to social disparity and varied family backgrounds.







